

Care MATTERS[®] LIST ALZHEIMER'S & DEMENTIA CARE

When memory becomes impaired and additional care is needed, it may be time to consider moving into an Alzheimer's or dementia care center.

IS IT TIME TO MOVE INTO A COMMUNITY

- 1) Are you able to provide the care that they need? _____
- 2) Can you adequately care for them with outside help? _____
- 3) Are there any safety concerns in the home? _____
- 4) Can you provide the care for them without compromising your health and well being? _____

NOTES: _____

FINDING THE RIGHT PLACE

- 5) Does the facility specialize in: Alzheimer's? _____ Dementia care? _____
- 6) What is their care philosophy? _____
- 7) Do they promote independence? _____
- 8) Are there secure areas: Within the facility? _____ Outdoors? _____
- 9) Would you enjoy living there? _____
- 10) What is the community's fee schedule? _____
- 11) Do they accept: Medicare? _____ Insurance? _____
 Medicaid? _____ Private pay? _____

NOTES: _____

NOTICE THE STAFF

- 12) Is the staff: Mannerly and friendly? Professionally dressed? Interacting with residents, calling them by name?
- 13) How many staff members are on each shift? _____ What is the staff to resident ratio? _____
- 14) Is there: An RN present at all times? _____ A doctor on call? _____

NOTES: _____

ENJOYABLE ACTIVITIES

- 15) Ask for the schedule of daily activities. Is there a plan for every day? _____
- 16) Is there a variety of programs planned? _____
- 17) Are programs structured to be enjoyed by people with a range of capabilities? _____
- 18) Are there inside, as well as outdoor events? _____

NOTES: _____

NUTRITION AND THE MENU

- 19) The menu: Is created by an on-site dietician? Is available for review? Has variety and choices at each meal?
- 20) The food is: Tasty and appealing? _____ Served at the correct temperature? _____

NOTES: _____



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